

	Monday, 3 May 2021	
	PUBLIC HOLIDAY - LABOUR DAY	
	Tuesday, 4 May 2021	
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Zumba with Cheryl	Level 2 Dining Room
10:30	Foxtel	Level 1,2,3,Lounge Room
2:00	Bingo	Level 2 Dining Room
2:00	Garden walk with Lifestyle	Ground Gym
	Wednesday, 5 May 2021	
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Foxtel	Level 1,2,3,Lounge Room
10:30	Mothers Day Craft with Jess and Chloe	Level 2 Breezway
2:00	Movie Happy Hour and Ice cream	Level 1,2,Lounge Room
2:00	Garden walk with Lifestyle	Ground Floor Gym
	Thursday, 6 May 2021	
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Foxtel	Level 1,2,3,Lounge Room
10:30	Garden walk with Lifestyle	Ground floor Gym
2:00	Word Quiz with Chloe	Level 2 Sunroom
2:00	Mobile Library with Jess	All Floors
	Friday, 7 May 2021	
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Roman Catholic Church	Level 1 Sunroom
10:30	Foxtel	Level 1,2,3,Lounge Room
10:30	Mothers Day High Tea	Ground Breezway
2:00	Concert and Happy- Hour Micheal Sings	Gooding Centre
	Monday, 10 May 2021	
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Bus Outing- Emerald lakes Golf Club Mens Lunch	Meet at Reception Bookings Essential
10:30	Social Morning Tea	Café Lily
10:30	Foxtel	Level 1,2,3,Lounge Room

2:00	Shuffle Board	Gooding Centre Breezway
2:00	Garden Walks with Lifestyle	Level 1 Dining Room
Tuesday, 11 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Foxtel	Level 1,2,3,Lounge Room
10:30	Garden walk with Lifestyle	Ground Gym
2:00	Cooking with Lifestyle	Level 2 Dining Room
2:00	Concert DVD	Level 1 Lounge Room
Wednesday, 12 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Jenga	Level 1 Sunroom
10:30	Foxtel	Level 1,2,3,Lounge Room
2:00	Happy Hour Opera Afternoon Concert	Gooding Centre
2:00	Garden walk with Lifestyle	Ground Gym
Thursday, 13 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Foxtel	Level 1,2,3,Lounge Room
12:00	Memory Care BBQ	Ground Floor
2:00	Word Quiz with Chloe	Level 2 Sunroom
2:00	Mobile Library with Jess	All Floors
Friday, 14 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Roman Catholic Church	Level 1 Sunroom
10:30	Foxtel	Level 1,2,3,Lounge Room
10:30	Zumba with Cheryl	Level 2 Dining Room
2:00	Concert and Happy Hour - John Sings	Gooding Centre
Monday, 17 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Foxtel	Level 1,2,3,Lounge Room
10:00	Bus Outing- RQ Tavern lunch trip	Meet at Reception Bookings Essential

10:30	Social Morning Tea	Café Lily
2:00	Bean Bag Toss	Level 2 Sunroom
2:00	Garden walk with Lifestyle	Ground Floor Gym
Tuesday, 18 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 3 Dining Room
10:30	Foxtel	Level 1,2,3,Lounge Room
10:30	Garden walk with Lifestyle	Ground Gym
2:00	Karaoke Sing a Long	Level 2 Lounge Room
2:00	DVD Concert	Level 1 Lounge Room
Wednesday, 19 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Shuffle Board	Gooding Centre Breezway
10:30	Foxtel	Level 1,2,3,Lounge Room
2:00	Movie Happy Hour and Ice cream	Level 2 Dining Room
2:00	Jenga	Level 1 Lounge Room
Thursday, 20 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Foxtel	Level 1,2,3,Lounge Room
10:30	Garden Walk with Lifestyle	Ground Gym
12:00	Level 1 BBQ	Level 1 Breezway
2:00	Word Quiz	Level 1 Lounge Room
2:00	Poetry with Robbie	Level 2 Sunroom
Friday, 21 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Roman Catholic Church	Level 1 Sunroom
10:30	Shuffle Board	Gooding Centre Breezway
1:30	Concert and Happy Hour - ASAS School Concert performance	Gooding Centre
2:00	Foxtel	Level 1,2,3,Lounge Room
Monday, 24 May 2021		

9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Bus Outing- Fish and Chips Benowa Gardens	Meet at Reception Bookings Essential
10:30	Foxtel	Level 1,2,3,Lounge Room
10:30	Social Morning Tea	Café Lily
2:00	Residents Meeting	Ground Dining
Tuesday, 25 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Foxtel	Level 1,2,3,Lounge Room
10:30	Garden walk with Lifestyle	Ground Floor Gym
2:00	Mens Group Beers Beats and a round of Putt Putt	Level 3 Outdoor Area
Wednesday, 26 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Harmony Hooves Animal Therapy	Gooding Centre Gardens
10:30	Foxtel	Level 1,2,3,Lounge Room
2:00	Happy Hour Trivia and Ice Cream	Level 2 Lounge Room
2:00	Garden walk with Lifestyle	Ground Gym
Thursday, 27 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Foxtel	Level 1,2,3,Lounge Room
10:30	Bingo	Level 3 Dining Room
2:00	Shuffle Board	Gooding Centre Breezway
2:00	Garden walk with Lifestyle	Ground Gym
Friday, 28 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Catholic Church	Level 1 Sunroom
10:30	Foxtel	Level 1,2,3,Lounge Room
10:30	Zumba with Cheryl	Level 2 Dining Room
2:00	Concert and Happy Hour - Lisa Sings	Gooding Centre
Monday, 31 May 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge

10:00	Bus Outing- Georges Seafood Resturant	Meet at Reception Bookings Essential
10:30	Foxtel	Level 1,2,3,Lounge Room
10:30	Social Morning Tea	Café Lily
2:00	Garden walk with Lifestyle	Ground Gym
2:00	Cooking with Lifestyle - No Bake Cheesecake	Level 2 Dining Room

- Foxtel available every day in all levels lounge areas, please see a staff member to assist with program selection

- Hairdressing and Beauty Therapy available by appointment
For bookings contact 5559 3226

- The Library has moved and is located in each Sunroom on Level 1, 2 and 3. If you require any help Lifestyle are happy to assist.

- To book bus trips:
Please contact Reception or the Lifestyle team on 5559 3222 or email Lifestyle@hillviewcare.com.au

- DVDs/Videos available for weekends on request from the Leisure & Lifestyle department

Café Open Weekdays 10am -2pm, Weekends 10am -1pm (excluding public holidays)